

# RING SIZING GUIDE

## IMPORTANT! READ BEFORE PRINTING

It is important that this page be printed at 100% to ensure accuracy. Do not select "shrink to fit media" or any other page sizing options in the print dialog box.

Confirm print out size is correct by measuring the bar on the right to ensure it is exactly 2" or 50 mm.

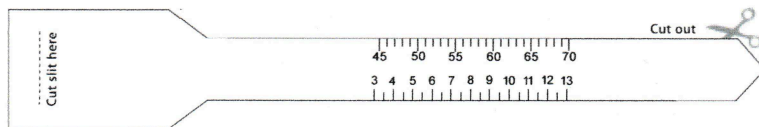


### HELPFUL TIPS FOR ACCURATE SIZING

Weather and body temperature can affect finger size. Heat can swell fingers. Cold can shrink fingers. Right and left hands vary in size, too, so take the measurement of the finger on which the ring is to be worn. If in doubt about your ring size or the measurements you've taken, visit a local jeweler and they will be happy to measure your finger for you and it's free! Don't guess! It's important to be accurate! Note that wide width bands require going up 1/2 to a full size.

### OPTION A: MEASURE YOUR FINGER WITH PAPER RING SIZER BELOW

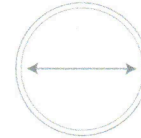
1. Carefully cut out the sizer. Make a small slit in the left side where indicated.
2. Place ring sizer comfortably around your finger by slipping pointed end through the slit, numbers facing out.
3. Secure the ring size by pulling the pointed end around your finger to produce an accurate size.
4. If you have large knuckles make sure the ring sizer fits over your knuckles.
5. The number that lines up at the slit is your ring size for that finger. Mark down both the size and millimeter measurement.
6. Measure your finger 2-3 times to make sure you're getting the same measurement each time.



### OPTION B: MEASURE A RING THAT FITS

1. Select a ring that you own that fits the intended finger.
2. Place the ring over the circles below, matching the *inside* edge of the ring to the circle in the sizes below.
3. If the ring falls between two of the sizes below, select the larger size.

Diameter Of Ring



Size 3 14.0 mm	Size 5.5 16.0 mm	Size 8 18.2 mm	Size 10 19.8 mm	Size 12 21.4 mm
Size 3.5 14.4 mm	Size 6 16.45 mm	Size 8.5 18.6 mm	Size 10.5 20.2 mm	Size 12.5 21.8 mm
Size 4 14.8 mm	Size 6.5 16.9 mm	Size 9 19.0 mm	Size 11 20.6 mm	Size 13 22.2 mm
Size 4.5 15.2 mm	Size 7 17.3 mm	Size 9.5 19.4 mm	Size 11.5 21.0 mm	Size 13.5 22.6 mm
Size 5 15.6 mm	Size 7.5 17.7 mm			